



# Ohio Gestational Diabetes Postpartum Care Learning Collaborative

## Check her risk. Protect her health.

### PROGRAM ELIGIBILITY

*Wave 3 practices are eligible to participate if they provide prenatal care to women eligible for or enrolled in Medicaid.*

*It is preferred that practices are high volume Medicaid providers serving clients that are African-American, Hispanic and/or Appalachian.*

### PROGRAM PARTNERS

Ohio Department of Health  
(ODH)

Ohio Colleges of Medicine  
Government Resource Center  
(GRC)

### Clinical Experts

Dr. Steven Gabbe, MD  
The Ohio State University  
Wexner Medical Center  
(OSUMC)

Dr. Stephen Thung, MD  
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Funded by the Ohio Department of Health (ODH), the **Ohio Gestational Diabetes Mellitus Postpartum Care Learning Collaborative** is a quality improvement (QI) effort to increase education and screening for Type 2 Diabetes Mellitus (T2DM) among women with a history of GDM, with a special emphasis on high-risk women enrolled in Medicaid. The project will be engaging 5 Ohio practices providing care to women during pregnancy and post-partum to participate in a **deep dive design of experiment**, testing strategies identified in previous waves of the project for effectiveness.

Gestational diabetes mellitus (GDM) affects an estimated 3 to 9 percent of all pregnancies in Ohio – around 13,000 women. **About half of these women will develop T2DM.** The Ohio Department of Health and the Ohio Colleges of Medicine Government Resource Center (GRC) are working with national experts and OBGYN practices to meet the collaborative's goals by utilizing a modified version of the Institute for Healthcare Improvement (IHI) Model for Improvement. The project promotes the use of evidence-informed strategies to increase knowledge of and improve health outcomes for women with a history of GDM, with a special **focus on care coordination.**

Participating practices that serve pregnant women diagnosed with GDM have the opportunity to participate in the Learning Collaborative by:

- Forming a diverse **project team** within each practice that includes both clinical and administrative staff;
- Piloting **innovative strategies and resources**;
- Sharing strategies between providers to **identify best practices** for providing prenatal and postpartum care for pregnant moms-to-be with GDM;
- Receiving **support and coaching** to effectively implement tests of change using QI methodologies; and
- Collecting monthly data and **receiving rapid cycle data feedback** on successes.

For more information,  
please visit the website at:

<http://ohioqdm.com>

